

THE PARAGONIAN

January 2023

2023
Celebrating a
New Year full of
opportunity!



Proudly Canadian



Dear Paragonians,

As we move into a New Year
we hope you, our employees,
enjoyed a safe and happy
holiday season.

We would like to take this
opportunity to thank each of
you for your hard work and
dedication. It is your individual
efforts that collectively keep
Paragon strong.

Looking ahead to 2023, as we
continue to support current
relationships and develop new
ones, the key to our success is
you. Our clients truly feel the
difference. The future is bright.

Kevin Sanjari

President,
Paragon Security



Cold Weather Safety

As temperatures begin to fall, keeping warm while working in an outdoor environment is critical and can be difficult. It is everyone's concern. Cold weather can affect important aspects of a Security Guard's safety while onsite such as: concentration, mobility, and dexterity. Which is why it is important to keep warm and know the signs of Cold Stress.

When it comes to keeping warm, it all begins with what you are wearing. It is advisable to wear layers, such as thermal/fleece clothing under your uniform. The Paragon Uniform Department, open from Monday to Friday 8:00 AM to 5:00 PM, has a great selection of cold weather clothing; including sweaters, toques, and parkas.

During the winter season security guards may be posted to outdoor positions or patrols. It is important to know the signs and symptoms of frostbite and hypothermia. More importantly, Security Guards should know how to prevent cold stress illnesses: taking a break from the cold, adding layers of clothing, or drinking a hot beverage. However, should these symptoms worsen it is imperative that medical attention is sought out.

Early Symptoms of Hypothermia:

- Shivering
- Fatigue
- Loss of coordination
- Confusion and disorientation

Late Symptoms of Hypothermia:

- No shivering
- Blue skin
- Dilated pupils
- Slowed pulse and breathing
- Loss of consciousness

Symptoms of Frostbite:

- Reduced blood flow to hands and feet (fingers or toes can freeze)
- Numbness
- Tingling or stinging
- Aching
- Bluish or pale, waxy skin



Nominated for the Canadian Security Lifesaver Award

Panav Sukhadiya and Danial Shamoon

On Monday, November 28, 2022, at Conestoga Mall, Security Guards Danial Shamoon and Panav Sukhadiya attended the Food Court men's restroom and observed an unconscious male lying on the floor inside one of the stalls.

S/G Shamoon tried to rouse him both verbally and physically. The individual did not respond and was breathing heavily and sporadically. S/G Sukhadiya arrived shortly after to assist.

S/G Shamoon contacted emergency services (911), while S/G Sukhadiya performed chest compressions for approximately 90 seconds before the individual regained consciousness and normal breathing.

Waterloo Fire Department and Paramedics attended the site to continue care of the individual and transported him to the nearest hospital.

Security Guards Danial Shamoon and Pranav Sukhadiya have been nominated for the Canadian Security Lifesaver Award.





Josue Ramos - Mario Topuzoki - Ramandeep Mander

We would like to recognize the Dufferin Mall team for another lifesaving event. Security Guard Mario Topuzoski observed a female loitering and causing a disturbance outside the Security Office.

The individual appeared to be heavily intoxicated and was accompanied by an unidentified male. S/G Topuzoski immediately informed Shift Supervisor Josue Ramos and Security Guard Ramandeep Mander of the situation, requesting their assistance. While interacting with the individual ensuring her well-being, the unidentified male rushed from the scene.

The team invited the individual to attend the Security Office. While in the Security Office, she disclosed that she had been sexually assaulted on the property the previous evening. Security then contacted both Toronto Police Service and Toronto Paramedic Services for assistance.

After speaking with the individual, she advised she was homeless and had not been in contact with her family for several days. Security assisted her to contact her family. The individual then elaborated and stated that she had been sexually assaulted by two unknown males while sleeping in the laneway of the mall. She continued to state that the male they had seen her with outside the Security Office had also attempted to take advantage of her. Attempts to locate the male were unsuccessful, as he had left the property after Security intervened.

The individual's family was reunited with her, and shortly thereafter Toronto Paramedics arrived to transport them to a nearby hospital. This was a very delicate situation and the team handled themselves with the utmost professionalism by treating the individual with the care and compassion required. The Dufferin Mall team is currently assisting Toronto Police with their ongoing investigation into this matter.



Introductions

There are 20 strangers in the room. They each shake each other's hand once and only once, while introducing themselves.

How many introductions were there in total?

Deadline: January 17th.

Please submit your answer along with your name and employee number
newsletter@pplguard.com

Congratulations to last month's winner:

Ryan Gallant

Do you have a story to share? Maybe you know someone who has made a difference. Perhaps you're part of a great team worth acknowledging. Take a minute and let us know what you want to see in the next issue of The Paragonian.

Write today!

newsletter@pplguard.com