

THE PARAGONIAN

January 2024

Happy
New
Year



Proudly Canadian



Dear Paragonians,

This past year highlighted our collective commitment, propelling Paragon to new heights. As 2023 comes to a close, I want to express my deep appreciation for your unwavering dedication and hard work. It is people like you who ensure our clients experience the Paragon difference.

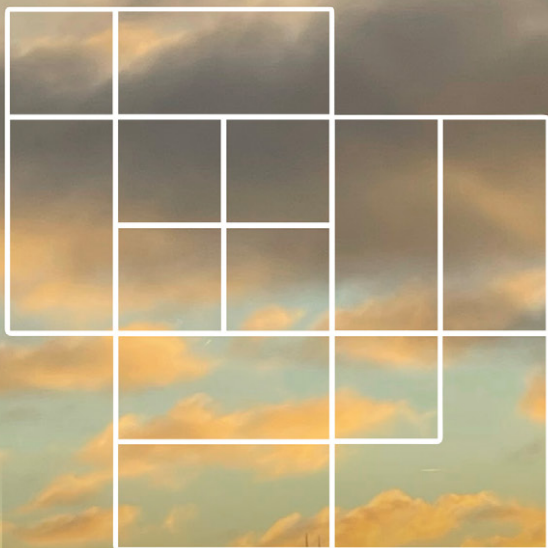
I am proud of the partnerships we have created this year. The Centre for Addiction and Mental Health (CAMH) provided us with invaluable insights on how to support our employees and our customers in a post-pandemic era. While we invested in Crime Prevention Through Environmental Design (CPTED) training, by partnering with the National Institute of Crime Prevention (NICP) to ensure we remain industry leaders in the markets we serve.

We have strengthened our relationships in the Education, Commercial, and Residential sectors, and looking ahead we remain focused on nurturing existing connections and creating new ones.

Thank you again Paragonians, for all that you do. It is you, individually and collectively that keep Paragon strong.

Kevin Sanjari
President

How many squares do you see?



Submit your answer, along with your name and employee number by January 10th to:

newsletter@pplguard.com

for a chance to win this month's contest.

Congratulation to last month's winner

Deshaun Small-Grant

The correct answers to last month's challenge:

Happy Holidays to you and your families. May the season be one of joy, celebration, and warmth

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www.paragonsecurity.ca

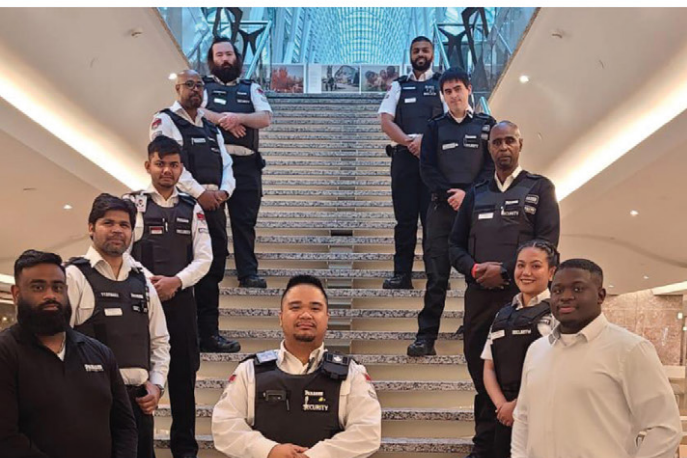




Professionals at work

Kartik Gupta - Anoop Sohi - Nicholas Merolle

On behalf of SmartCentres and Paragon Security, we would like to appreciate Acting Night Supervisor Anoop Sohi and Tactical Guard Kartik Gupta for a job well done. They dealt with 2 separate incidents, the first a DUI arrest on site and the other an incident involving a possible vehicle theft. Their quick and decisive actions as well as alerting local law enforcement for assistance played a major role with helping the good guys catch the bad guys. They kept the property safe and also saved a life. Amazing work.



Teamwork wins again!

On behalf of Paragon Management and our client, we'd like to appreciate the fine men and women displayed here for their quick and effective response to a fire incident that took place on site. Not only did they provide emergency incident management, but also crowd control and assistance relief for those involved with the call.

A truly remarkable group of individuals that we are proud to call Paragonians. This is what effective training, coaching and mentoring results in: Security Professionals.



Fast action saves a life

Mieraf Dinberu - Sanaa El Hamji - Dylan McCarthy

The swift response from the Security Team at George Brown College – Waterfront Campus averted a potential tragedy when a stabbing victim sought help during the evening hours of Thursday, July 20th. Dylan McCarthy and Mieraf Dinberu, returning from an exterior patrol, immediately rushed to the victim's aid as they entered the campus lobby, where the victim ultimately collapsed due to life-threatening injuries sustained nearby.

Certified Emergency Medical Responders, Sanaa El Hamji and Dylan McCarthy, drawing on their training had the victim lie down to improve blood circulation, while Mieraf Dinberu applied pressure to the wound to control bleeding. Their prompt actions helped keep the victim conscious, preventing the deterioration of their condition which contributed significantly to the victim's chances of survival. The timely arrival of EMS further ensured the victim's care, with the security team's efforts being acknowledged and appreciated by both TPS and EMS.

Site Supervisor Sanaa El Hamji, Shift Supervisor Dylan McCarthy, and Senior Patrol Guard Mieraf Dinberu's coordinated efforts exemplify the importance of well-trained and responsive security personnel in emergency situations.



Emergency Kit

Everyone should have an Emergency Kit that contains basic supplies you can survive on if there is a power outage, you no longer have access to running water or other necessities, or you must shelter in place.

After assembling your kit, remember to maintain it so it's ready when needed. Replace expired items and re-evaluate your needs at least once a year – update the kit as your needs change.

Since you do not know where you will be when an emergency occurs, you should prepare multiple emergency kits.

Home: Ensure your Emergency Kit is easy to carry; store it in a duffel bag, backpack, or suitcase with wheels. Keep this kit in a designated place, so every member of your household knows where it is. Have it ready in case you need to leave quickly.

This kit should contain supplies to last up to a week for each member of the family, don't forget your pets.

Work: Be prepared to shelter at work for at least 24 hours. Your work kit should include food, water, and other necessities like medicine; store these in a "go" bag.

Car: In case you are stranded, keep an emergency supplies kit in your car.

Items to include:

- Two litres of water per person (or pet) per day
- Food that won't spoil (canned goods, energy bars, dried food), and a manual can opener
- First aid kit
- Flashlight
- Battery-powered or wind-up radio
- Extra batteries and chargers
- Special needs or health-related items (prescriptions, infant formula, etc.)
- Spare keys
- Cash (especially smaller bills)
- Your emergency plan (including important documents)