

THE PARAGONIAN

February 2024



Proudly Canadian



Harjot Malhi - Anmol Dhillon - Tatiana Kanaan - Sean Vincent Henry

Training and Teamwork save a life

Security attended the Hudon's Bay at Bramalea City Centre for an elderly female who was reported to be unconscious and not breathing.

Security quickly arrived, observing the female to have no vital signs present and immediately began CPR while additional Security units arrived with the Automated External Defibrillator and Emergency Services were contacted. Security completed several rounds of CPR and delivered three (3) shocks as advised by the AED prior to Brampton Fire and Emergency Medical Services arriving on scene.

Care was quickly transferred to Brampton Fire where additional rounds of CPR and shocks were delivered to the female. EMS transferred the female onto a stretcher and into an ambulance where she was transported to Brampton Civic Hospital.

Peel Regional Police later advised Security that the female was in stable condition and was likely to survive.

Shannoy Campbell - Stephen Mendonca





Devarsh Rupakar - Khalid Wali Ayubi - Danish Mohammed

Fast acting professionals save a life

While on patrol at 2 Bloor Street West, Devarsh Rupakar noted an unresponsive male in the stairwell just off the food court.

He immediately requested back up from his Supervisor along with another Patrol Guard. S/S Danish Mohammed and Khalid Wali Ayubi attended with a trauma bag, and S/S Mohammed contacted EMS via 911.

The unresponsive male was known by the security team as a substance user. After quickly assessing the patient they determined that he had overdosed. EMS was advised and the team was instructed to administer Narcan. Shortly after doing so, Toronto Fire arrived on site along with EMS.

The male gained consciousness and was taken to a local hospital. Had the staff not located this male in a timely matter he would have died on scene.

All guards have been nominated for a CSLA award.

Find us online!

Catch up on back Issues
of the newsletter In our
online library by following
the QR code.





Winter Driving Safety

Your Guide to a Safe Commute!

As winter settles in, ensuring your safety on the roads becomes paramount. Here are some quick tips for a safe commute:

Check Your Vehicle: Before hitting the road, inspect your tires, brakes, lights, and fluids. A well-maintained vehicle is your first line of defense.

Plan Ahead: Winter weather can be unpredictable. Check the forecast and plan your route accordingly. Leave a bit earlier to avoid rushing.


Slow Down: Icy roads require reduced speeds. Give yourself extra time to reach your destination and increase your following distance to account for slippery conditions.

Pack an Emergency Kit: Be prepared for any unforeseen circumstances. Include essentials such as blankets, non-perishable snacks, a flashlight, and a first aid kit.

Dress Appropriately: Whether driving or taking public transportation, delays may occur. Ensuring you have the appropriate attire for the weather is essential when you might be outdoors for long periods of time.

Your safety is our top priority. Let's make this winter a season of secure and stress-free commuting. Remember, it's better to arrive a little late than not at all.

Drive safely!



5 WAYS to REDUCE the RISK

of

Slipping Tripping



SLOW down and pay attention to where you are going

KEEP walking areas clear from clutter or obstructions



PLACE each foot firmly and flat on the floor



KEEP flooring in good condition



ADJUST your stride to be suitable for the walking surface and the task

USE installed light sources that provide sufficient light for your tasks



WALK with your feet pointed slightly outward

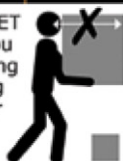


USE a flashlight if you enter a dark room



MAKE wide turns at corners

DO NOT LET objects you are carrying or pushing block your view



Do you do Sudoku?

1							3	
		5				2		
		2	8				4	
						3		5
	7				3		1	
				4	2		9	
3				5		4		
		4	7					1
6		7						

The objective is to fill all empty squares so that the numbers 1 to 9 appear exactly once in each row, column and 3x3 box

To enter the draw for a chance to win this month's contest - please submit the highlighted numbers, along with your name and employee number by February 20th to:

newsletter@pplguard.com

Congratulation to last month's winner

Sandy Emon Baroi

The correct answers to last month's challenge:

There were 17 squares

www.paragonsecurity.ca