

# THE PARAGONIAN

D e c e m b e r 2 0 2 4



Proudly Canadian

**CSLA  
Winner**

**Deborah  
Payette**



On Friday, November 22nd Security Supervisor Deborah Payette received the CSLA Award for the third quarter of 2024 – for her brave actions and quick thinking on June 6th.

While walking along King Street West, heading east towards Yonge Street, S/S Payette, witnessed a businessman stepping in front of a streetcar, which resulted in a severe accident. While the streetcar attempted to stop, it was unable to do so in time and struck the man causing a severe wound to his leg. This led to significant blood loss.

Recognizing the critical situation, S/S Payette immediately sprang into action. Along with a few other bystanders, she approached the injured man and assessed his condition. Noticing the rapid blood loss, she urgently requested assistance from those around her, asking if anyone could provide a shirt or cloth to use as a makeshift tourniquet. A bystander quickly offered his shirt, which our employee then expertly tied tightly around the man's leg, effectively slowing the bleeding.

Shortly thereafter, paramedics arrived on the scene and inquired about the initial aid provided. When informed of our employee's swift actions, they acknowledged that her prompt and decisive intervention was crucial in stabilizing the injured man and potentially saving his life.

Her courage and quick response in a highly stressful situation exemplify the values and dedication we uphold at Paragon Security. Her actions not only highlight her professionalism but also her innate compassion and willingness to help others in their time of need. We were proud to nominate her for the Canadian Security Lifesaver Association recognition, as she truly embodied the spirit of a lifesaver.



The job of a security guard is important.

Paragon's Management is dedicated to helping our guards succeed, your success is our success.

We know you care. We know you want to work. You've travelled a long road to get here. It shows in the effort you put in to get licensed, trained, and hired.

Every week Paragon filters thousands of applications, conducts hundreds of interviews, and hires approximately one in ten. Congratulations! You made it.

Please give us your best effort while here and know that security guards make a big contribution to Canadian society.

Being a successful security professional can be easy when you care about it. Some of the most common reasons people do not succeed at it:

Poor customer service

Book offs

Sloppy uniform

Poor deportment

Uncaring attitude

Arriving late for shifts

Fighting with other guards

Sleeping on duty

Poorly written reports

Slow or inaccurate reporting





# HOLIDAY TIPS FOR Crime Prevention

The holiday season is a time for celebration, but it also brings an increase in criminal activity – from theft to property damage. As a security guard, your vigilance is key to ensuring safety and security during this busy time. Here are some essential tips:

## **1. Be Visible and Proactive**

A visible presence is a strong deterrent to crime. Patrol high-traffic areas frequently and maintain an approachable yet authoritative demeanor.

Engage with people politely to build trust while staying alert to suspicious behavior.

## **2. Protect Against Theft**

Watch for behaviors like loitering near exits, carrying oversized or empty bags, or attempting to avoid staff attention. Monitor areas where valuables, such as packages or merchandise, are stored and ensure they are secure. Encourage timely pickup of deliveries to minimize theft opportunities, and regularly patrol parking areas to deter vehicle break-ins.

## **3. Monitor Access Points**

Check all entrances, exits, and parking areas for suspicious activity. Ensure all locks and security systems are functioning properly.

Verify the identity of visitors and deliveries before granting access to any property.

## **4. Fast Response**

Stay familiar with all emergency protocols, including evacuation routes and communication procedures. Respond promptly and calmly to any alarms, disturbances, or incidents, ensuring the safety of all individuals. Regularly inspect equipment and security systems to confirm they are functioning properly and be prepared to coordinate with local emergency services if needed.

Your readiness is crucial in maintaining a safe environment during the holidays.



# Cold Stress Illness



As temperatures begin to fall, keeping warm while working in an outdoor environment is critical and can be difficult. Cold weather can affect important aspects of a Security Guard's safety while onsite such as: concentration, mobility, and dexterity. It is important to keep warm and know the signs of Cold Stress.

Keeping warm begins with what you are wearing. It is advisable to wear layers, such as thermal/fleece clothing under your uniform. The Paragon Uniform Department has a great selection of cold weather clothing, including sweaters, toques, and parkas.

During the winter season security guards are required to conduct outdoor patrols or may be posted to outdoor positions. It is important to know the signs and symptoms of frostbite and hypothermia. More importantly, Security Guards should know how to prevent cold stress illnesses: take a break from the cold, add layers of clothing, or drink a hot beverage.

Should these symptoms worsen it is imperative that medical attention is sought.

## Symptoms of Frostbite:

- Reduced blood flow to hands and feet (fingers or toes can freeze)
- Numbness
- Tingling or stinging
- Aching
- Bluish or pale, waxy skin

## Early Symptoms of Hypothermia:

- Shivering
- Fatigue
- Loss of coordination
- Confusion and disorientation

## Late Symptoms of Hypothermia:

- No shivering
- Blue skin
- Dilated pupils
- Slowed pulse and breathing
- Loss of consciousness



Find three matching pairs



The correct answers to last month's challenge:

1. 9 Years
2. What time is it?
3. They all made the same turn
4. He is bald

Congratulations to last month's winner

**Uttkarsh Sharma**

Send your answers, along with  
your name and licence number to

[newsletter@pplguard.com](mailto:newsletter@pplguard.com)

by December 14th for your chance to win \$100.

[www.paragonsecurity.ca](http://www.paragonsecurity.ca)