

THE PARAGONIAN

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Proudly Canadian



Proud of the actions of our people

Nicole Berrondo

Omotola Afolabi

The North York City Centre security team was alerted to a man found unconscious, by an emergency call on February 20. Upon arrival, Security Supervisor Nicole Berrondo and Security Guard Omotola Afolabi found the elderly male patient unresponsive while a female bystander administered CPR.

S/S Berrondo and S/G Afolabi immediately assumed control of the situation, and continued CPR while performing chest compressions. The man briefly started breathing independently and then lost consciousness again. Quick-thinking officers immediately resumed CPR chest compressions until the subject started breathing again.

EMS and Toronto Fire Services quickly arrived on site and assumed control of the situation. EMS transported the stabilized patient to North York General Hospital for additional medical treatment.

The individual survived due to the fast and effective interventions from S/S Berrondo and S/G Afolabi, which demonstrated the essential value of timely professional emergency responses. Effective collaboration between officers combined with their specialized training resulted in the optimal possible outcome during this critical incident.



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Security Toolbox: Support Vulnerable Communities

Security guards typically serve as the first point of contact for individuals experiencing crises. How we respond matters, and proper preparation can change everything.

Security guards should remember several essential resources that are available.

Call 211

This hotline operates round-the-clock in over 150 languages. The service provides connections to shelter locations as well as food assistance programs, mental health resources, and more.

Call 311

For information about city services including warming centres, public health information, and emergency responses.

CAMH – Mental Health Support

24/7 crisis line: 416-535-8501

For more info: camh.ca

Keep your training current. It is essential to obtain knowledge regarding Naloxone training. Naloxone administration serves as a critical life-saving skill in true opioid emergency situations.

Our communities depend on us to serve as essential components of their safety network. Knowledge combined with empathy and quick-thinking benefits people greatly.



ALLERGY ALERT!

In Canada, tree and grass pollen triggers allergic reactions in 40% of all allergy sufferers. Daily functioning becomes compromised for individuals who suffer from sneezing and coughing together with itchy eyes as well as impaired concentration. The right medication treatment helps people reduce their discomfort from allergies. Consult with a medical professional or pharmacist for advice if your allergy symptoms do not improve.

The rise in temperature will cause pollen levels to increase and allergy sufferers need to revise their management strategies accordingly.

Buzzing insects also become active during the spring which requires heightened alertness to prevent stings. To handle an approaching insect safely, the most effective tactic involves remaining calm and moving at a slow pace. Avoid approaching areas where you detect nests or large numbers of insects entering and exiting and leave those spaces without making noise.

The application of ice along with anti-itch creams together with antihistamine usage helps to alleviate swelling and pain caused by stings. Get emergency medical help immediately if you encounter severe symptoms including trouble breathing or eye swelling.

Stinging insects play critical ecological roles so they need to be exterminated only when safety demands it.

What six words are hidden in the Rainy Days picture.



Submit your answer, along with your name and employee number by April 18th for your chance to win \$100 prize draw.

newsletter@pplguard.com

Congratulations to last month's winner

Komaljeet Kaur

The correct answer to last month's challenge:

There were 15 Pandas in the puzzle

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